

NEWSBITS

UNISYS



Published Quarterly by the Unisys Retirees Group – Blue Bell, PA
Where old “bits” retire

Happy Hanukkah

Merry Christmas

Happy Kwanza

Calendar of Events

December 10, 2015 - Dr. Grover, ophthalmologist, will speak about cataract operations and eye health.
January 14, 2015 - Sue Walla will speak about 2015 & 2016 Tax filing and planning tips.



President's Message

After a long illness John O'Brien passed away on November 13, 2015. I was not acquainted with John until I joined the Retirees Group. Before the start of every meeting John would find the time to engage in small talk about events of the day. Gradually John and I built up a friendship that started seven years ago. For many years John served as a trustee on the executive board. When John became too ill to attend meetings, He would call, sounding almost apologetic, to say that he could not be at the meeting. For most of this year John's chair was empty as I waited for his return.

I will always remember John as the ultimate gentleman and think of him as reminiscent of a by-gone era. John you will be missed. May you rest in Peace.

Joe LaViola, President

Attention all Members!!

Please share with us any information that you would like to be printed in NEWSBITS. This information perhaps could be: valuable important information, a recent vacation trip, a relocation, health, birthday, anniversary or even something sad as the case may be.

Contributions to NEWSBITS for *Letters to the Editor* should be sent to:

Jack Staub

5 Bowes Lane, Reading, Pa. 19606

Phone: 610-406-0614

Retirees Meetings

Meetings are every second Thursday of the month, except for July and August, at 1:30 - 3 PM. The meeting place is at The Church on the Mall, which is located in the rear of the Mall (Plymouth Meeting), adjacent to the Food Court.

BBNEWS Web Site

The BBNEWS web site is now including Retiree information (Trips & Speakers) and even a link to our web site.

WEBSITE (URL) ubbrg.org

IMPORTANT UNISYS RETIREES CONTACT NUMBERS

401K Investments:

FIDELITY Phone # 1-800-600-4015

Internet 401k.fidelity.com

Pension and H.R Concerns:

HEWITT Phone # 1-877-864-7972

Internet: resources.hewitt.com/Unisys

**December 2015, Volume 36,
Number 4
Circulation 647**

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50/50 Drawings

We have a 50/50 drawing at every monthly meeting. Here is how it works: Tickets are sold to attendees at the beginning of each meeting and a drawing for the winning ticket is held immediately following our guest speaker. Two tickets cost \$1.00 and six (6) tickets cost \$2.00. Half of the proceeds go to the holder of the winning ticket and



the other half goes into our treasury to help defray the cost to rent our meeting space at the church in the Plymouth Meeting Mall.

Ann LaViola (from left) and **Marie Staub** will be happy to sell you as many tickets as you want. They will be seated at their concession table, at the church entrance, to take your offerings. The following were our 50/50 winner's:

- **September's** winner was Ed Matlack.
- **October's** winner was Jim McGarvey who graciously donated it back to the Group.
- **November's** winner was Helen Feldscher who graciously donated it back to the Group.

UNISYS Pension Plan Update – September 2015

Unisys has recently updated the Summary Plan Description ("SPD") for the Unisys Pension Plan ("the Plan"). The SPD is a summary of the Plan provisions in terms that are easy to understand, including information about your rights as a Plan participant.

Some provisions of the Plan have changed since you retired (or, if you are receiving benefits as a beneficiary of a former employee, since they retired) so you should familiarize yourself with this updated document. **Please note that these changes do not impact the amount of your Plan benefit.** Generally, the vested benefit that you have earned under the Plan or predecessor plans when you left employment is protected by the Employee Retirement Income Se-

curity Act (ERISA) and further secured by the PBGC.

You are receiving a pension benefit due to your participation in the Plan or a predecessor plan, including anyone of the following plans:

- Sperry Retirement Program - Part A;
- Burroughs Employees' Retirement Income Plan;
- The Memorex Employees' Pension Plan; or
- The System Development Corporation (SDC) Basic Non-Contributory Pension Plan.

If you were a member of any of the above-mentioned Plans, your benefits were determined pursuant to those Plans.

You should keep the Unisys Benefits Service Center ("UBSC") at **1-877-864-7972** notified of any address changes, so we can contact you with periodic updates.

If you would like to review the SPD, you can access it online at Your Benefits Resources™ at <http://resources.hewitt.com/unisys>. To receive a copy of the SPD in the mail, please contact the UBSC at the phone number above.

You should retain a copy of the SPD for your records. While the SPD describes the Plan in terms easy to understand, the formal Plan document is controlling on all questions. Although Unisys does not presently intend to do so, Unisys reserves the right to change, amend and revise the Plan at any time, in any manner and for any reason, in its sole and complete discretion. This includes, but is not limited to, amendments that increase or reduce future benefits, modify the pension formula and change any other term or condition of the Plan.

Monthly Meeting Guest Speakers

September's guest speaker was Karen Aubert - Dietitian/



Certified Diabetes Educator. She spoke about the importance for seniors to make healthy food choices and proper caloric intake. She stressed that seniors should

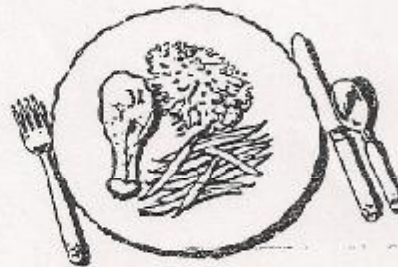
not skip meals and better still to have four smaller meals (breakfast, lunch, a snack, and dinner) and at the same time, if possible, each day. The following were the highlights of her presentation:

(continued on page 3)

Making Healthy Food Choices



Eat a variety of foods from all food groups.



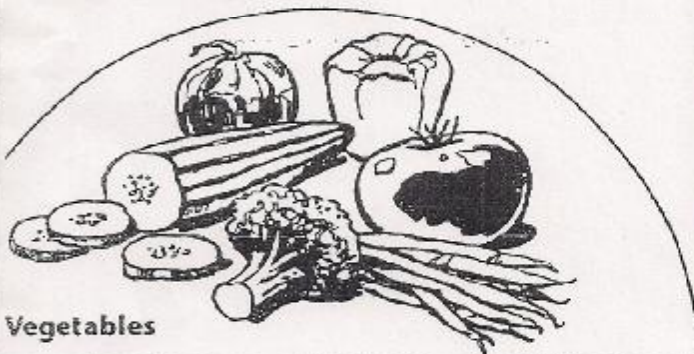
Eat about the same amount of carbohydrate foods each day.



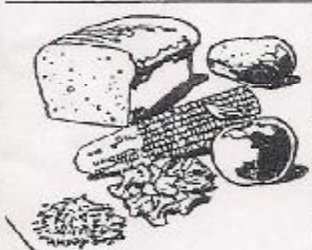
Eat meals at the same time each day and don't skip meals.



Eat less if you want to lose weight.



Vegetables



Carbohydrate (Carb)



Protein

KRISTEN AUBERT
 RD, CDE, LDN
 Dietitian/Certified Diabetes Educator

GOOD NUTRITION FOR BETTER HEALTH
 215-361-3759
 215-997-3607 x1400

Greater
 Lehigh Valley
 Chapter

Tips to Make a Healthy Meal

- Fill 1/2 of your plate with non-starchy vegetables (broccoli, green beans, carrots)
- Fill 1/4 of your plate with carb (bread, potato, rice, pasta or starchy vegetables)
- Fill 1/4 of your plate with protein foods (3-4 ounces of lean meat, poultry or fish)
- Use 1-2 tsp. of tub margarine or a heart-healthy vegetable oil
- Add a small piece of fruit or 8 ounces of skim/low-fat milk

Ask your healthcare provider for help in scheduling a visit with a registered dietitian (RD).

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10
tips

Nutrition
Education Series

choose MyPlate

10 tips to a great plate



Making food choices for a healthy lifestyle can be as simple as using these 10 Tips.

Use the ideas in this list to *balance your calories*, to choose foods to *eat more often*, and to cut back on foods to *eat less often*.

1 balance calories

Find out how many calories YOU need for a day as a first step in managing your weight. Go to www.ChooseMyPlate.gov to find your calorie level. Being physically active also helps you balance calories.

2 enjoy your food, but eat less

Take the time to fully enjoy your food as you eat it. Eating too fast or when your attention is elsewhere may lead to eating too many calories. Pay attention to hunger and fullness cues before, during, and after meals. Use them to recognize when to eat and when you've had enough.



3 avoid oversized portions

Use a smaller plate, bowl, and glass. Portion out foods before you eat. When eating out, choose a smaller size option, share a dish, or take home part of your meal.

4 foods to eat more often

Eat more vegetables, fruits, whole grains, and fat-free or 1% milk and dairy products. These foods have the nutrients you need for health—including potassium, calcium, vitamin D, and fiber. Make them the basis for meals and snacks.



5 make half your plate fruits and vegetables

Choose red, orange, and dark-green vegetables like tomatoes, sweet potatoes, and broccoli, along with other vegetables for your meals. Add fruit to meals as part of main or side dishes or as dessert.

6 switch to fat-free or low-fat (1%) milk

They have the same amount of calcium and other essential nutrients as whole milk, but fewer calories and less saturated fat.



7 make half your grains whole grains

To eat more whole grains, substitute a whole-grain product for a refined product—such as eating whole-wheat bread instead of white bread or brown rice instead of white rice.

8 foods to eat less often

Cut back on foods high in solid fats, added sugars, and salt. They include cakes, cookies, ice cream, candies, sweetened drinks, pizza, and fatty meats like ribs, sausages, bacon, and hot dogs. Use these foods as occasional treats, not everyday foods.

9 compare sodium in foods

Use the Nutrition Facts label to choose lower sodium versions of foods like soup, bread, and frozen meals. Select canned foods labeled "low sodium," "reduced sodium," or "no salt added."



10 drink water instead of sugary drinks

Cut calories by drinking water or unsweetened beverages. Soda, energy drinks, and sports drinks are a major source of added sugar, and calories, in American diets.

USDA United States
Department of Agriculture
Center for Nutrition
Policy and Promotion

Go to www.ChooseMyPlate.gov for more information.

DG TipSheet No. 1
June 2011


USDA is an equal opportunity
provider and employer.

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Eating on a Budget — The 3 P's


PLAN

- ✓ Plan meals and snacks for the week according to an established budget.
- ✓ Find quick and easy recipes online.
- ✓ Include meals that will “stretch” expensive food items (stews, casseroles, stir-fried dishes).
- ✓ Make a grocery list.
- ✓ Check for sales and coupons in the local paper or online and consider discount stores.
- ✓ Ask about a loyalty card at your grocery store.





PURCHASE

- ✓ Buy groceries when you are not hungry and when you are not too rushed.
- ✓ Stick to the grocery list and stay out of the aisles that don't contain items on your list.
- ✓ Buy store brands if cheaper.
- ✓ Find and compare unit prices listed on shelves to get the best price.
- ✓ Purchase some items in bulk or as family packs which usually cost less.
- ✓ Choose fresh fruits and vegetables in season; buy canned vegetables with less salt.
- ✓ Pre-cut fruits and vegetables, individual cups of yogurt, and instant rice and hot cereal are convenient, but usually cost more than those that require a bit more prep time.
- ✓ Good low-cost items available all year include:
 - Protein — beans (garbanzo, black, cannellini)
 - Vegetables — carrots, greens, potatoes
 - Fruit — apples, bananas




PREPARE

- ✓ Some meal items can be prepared in advance; pre-cook on days when you have time.
- ✓ Double or triple up on recipes and freeze meal-sized containers of soups and casseroles or divide into individual portions.
- ✓ Try a few meatless meals by substituting with beans and peas or try “no-cook” meals like salads.
- ✓ Incorporate leftovers into a subsequent meal.
- ✓ Be creative with a fruit or vegetable and use it in different ways during the week.



U.S. Department of Agriculture
Center for Nutrition Policy and Promotion
September 2011



October's guest speaker was Jim Kerr, UNISYS Vice President Corporate Communications, World Wide Marketing and Communications. Jim's presentation gave us an insight of UNISYS activity in the market place.



(continued on page 6)

Company Overview: Unisys at a Glance

- 142** Years of offering products & services
- \$3.4B** In 2014 revenue
- >20,000** Associates globally
- 80** Countries
- >1,500** Clients

- More than **95** of the **Fortune Global 500** companies utilize Unisys services to improve productivity and customer satisfaction
- 380** government agencies worldwide use Unisys solutions
- Serves **over half** of the **top 25** banks and **10** of the world's top insurance companies
- 18** of the **top 25** global airlines rely on Unisys solutions
- > 60 million** air cargo transactions per month are processed through Unisys systems

Building one of the largest cloud-based, multi-national U.S. state government computing environments

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Unisys in Government

Our Point of View

- Empower citizens through technology
- Integrate mobile, data analytics, and cloud using a 4-tier architecture to modernize government.
- Leverage IT best practices and DevOps to lock-in benefits from emerging technologies

Success Stories

- City of Philadelphia 311:** Digital Citizen Services Government Computer News Award
- U.S. Department of Interior:** First federal SAP application cloud migration
- 40 UK Police Agencies:** SaaS solution for investigative case management
- New South Wales:** ServiceFirst delivering multi-tenant digital services to government
- EPM:** Manage security for the most critical IT infrastructure

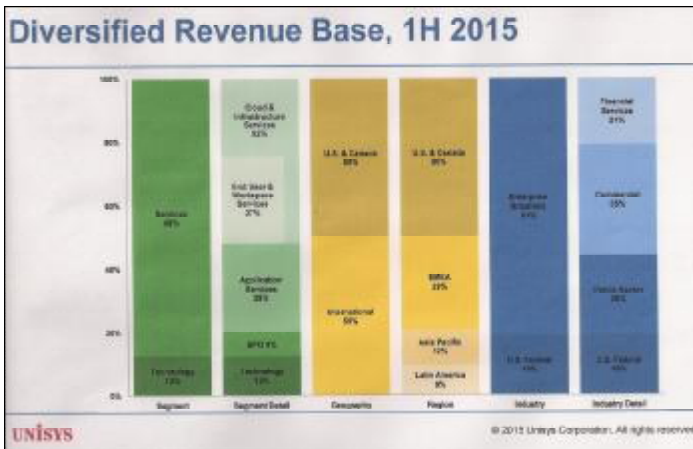
Core Strengths

- Industry and integrated solutions and technology IP
- Mobile and cloud integration with legacy applications

and case management

- Border control systems

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Unisys in Commercial

Our Point of View

- Secure an as-a-service world
- Accelerate business outcomes through domain-based IP
- Support demands of a digitally-enabled enterprise

Success Stories

- Billund Airport:** Deployed the first-ever home-printed bag tag solution, significantly improving passenger experience
- SMS800:** First implementation of ITSM as-a-Service on a Microsoft Azure platform, enabling a customer-facing self service portal
- Elekta:** Infrastructure outsourcing services leveraging an enterprise port collaboration platform to provide on-demand expert resolution
- McDonald's:** End User IT support services enabling the client the ability to evolve its business model and deploy digital initiatives
- Gollog:** Rapid deployment of new air cargo management system driving growth

Core Strengths

- Integrated physical and logical security solutions
- Focused digital and service development and deployment

and technology IP

- Transformative execution

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New Organizational Model

Sales and Client Relationship Teams

Enterprise Solutions: Financial Services, Commercial, Public Sector, U.S. Federal

Regionally: US & C, EMEA, AP, LA

Globally Integrated Delivery Teams

Services, Technology

- Client-centric teams**
 - Client associates responsible for client satisfaction, account growth
 - Sales associates for new logos and targeted new business
- Global industry organization**
 - Deeper understanding of client business
 - Drives client-centric innovative solutions
- Global integrated delivery teams**
 - Software and IP-driven solutions
 - Enhanced service lines and new offerings
 - Full life-cycle services spanning advisory, implementation and managed services

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Unisys in Financial Services

Our Point of View

- Exploit digital and omnichannels
- Predictive and proactive fraud prevention
- Improve time-to-market and flexibility with SaaS

Success Stories

- Caixa:** High-availability of systems; 75 million monthly transactions with response times under 4 seconds/transaction
- Lloyds:** Streamlined IT Operations, delivered the largest successful migration in Europe
- CIMB Bank:** Protected the client's customer assets through an advanced channel, anti-fraud surveillance banking system
- American Express:** Lowered the TCO by over 25% through streamlining imaging and document management
- Manulife:** Shortened turnaround of insurance policy value requests from 30 minutes to as little as 9 seconds through infrastructure modernization

Core Strengths

- Advanced fraud analytics
- Deep Financial Services industry experience

implementation framework

- End-to-end, integrated solutions
- scalable in capacity and functionality

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Select Integrated Solutions

Applications: Analytics, IT Service Management, End User, Cloud and Enterprise Compute, Workspace, Security, Business Process Outsourcing

Vertical Industry Solutions

- Law Enforcement Case Management (U-LEAP™)
- Airline Freight and Reservations (AIRCDRES and CMS™)
- Biometric Identity Management (L)
- Retail Banking (CSF™, SFB™)

ClearPath Forward™, Unisys Stealth®, ePortal™, AB Suite™, Data Exchange™

Horizontal Service Lines

Technology Products

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Summary

- Client-centric industry focus
- Transformative execution
- Domain-based IP and software solutions
- Talented, inspired and driven people

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Monthly Meeting Guest Speakers (continued from page 6)

November's guest speaker was Dr. Nicholas Pagano, D.P.M., FACFAS, who spoke about the many problems with feet, what to look for, correct, and prevent. The following is a summary of his presentation:

If Your Feet Hurt, Everything Hurts!

Nicholas Pagano, D.P.M., FACFAS
Barking Dogs Foot and Ankle Care
Plymouth Meeting, PA

Hot Topics



- ARTHUR (RITIS)
- Diabetic Epidemic!
- Nail Problems Dr. NAIL CUTTER
– FUNGUS!!! Itchy feet and nails
- Common Foot Pathologies
- Foot Deformities
– Conservative vs. Surgical Options
- Shoes: What's the right pair?

Osteoarthritis

- Inflammation and swelling of the cartilage and lining of the joints.
- If the feet are more susceptible because each foot has 33 joints.
- It afflicts almost 40 million Americans. The most common form of arthritis.
- "wear and tear" arthritis. Aging brings on a breakdown in cartilage with development.

Rheumatoid Arthritis

- RA is a major crippling disorder and perhaps the most serious form of arthritis.
- A complex, chronic inflammatory system of diseases, affecting smaller joints in a symmetrical pattern
- Signs and symptoms—lengthy morning stiffness, fatigue, and weight loss, serious joint deformity and loss of motion.

Gout

- A condition caused by a buildup of the salts of uric acid.
- A single big toe joint is commonly the affected area. Extremely painful.
- A rich diet that contains lots of red meat, rich sauces, shellfish, and brandy is popularly associated with gout, there are other protein compounds in foods .

Diabetes and the Foot

- Teamwork (Patient, Internist, Endocrinologist, Pedorthist, Nutritionist....)
 - Glycemic Control
 - Foot Exams (Patient and Staff)
 - Dermatological, Vascular, Neurological and Orthopedic Evaluation
 - Appropriate Hygiene and foot care
 - Decubitus Precautions
 - Ulceration and Prevention Risk Factors
 - Loss of Protective Sense (Semms Weinstein)
 - Foot Deformities due to Diabetes
 - History of Ulceration or Amputation
 - Minor Trauma
- Stats:
- DPN affects 30-50% of population of DM
 - 84% of all LEA are preceded by an ulceration
 - 1 LEA = 50% chance of contralateral LEA

DOES THIS LOOK INFECTED?

- LOOK FOR THE CARDINAL SIGNS
- They can't feel anything, so you have to look for these signs
 - 1. RUBOR (redness) preulceration
 - 2. CALOR (heat) inflammation/infection/friction
 - 3. DOLOR (pain)
 - 4. TUMOR (swelling)

(continued on page 8)

(Guest speaker was Dr. Nicholas Pagano)

Nail Problems

- Onychomycosis is an INFECTION!
- Ingrown Nails
- Koilonychia
- Dark colored Nails
- Nail Trauma Onychomycosis

Common Foot Pathologies

- Heel Pain
 - Plantar Fasciitis vs. Heel Spur
- Neuromas
- Overuse Injuries (Sports Injuries)
- Tendonitis
- Ankle Sprains and fracture
- Common Arthritides

Common Foot Deformities

- Bunions
- Hammertoes
- Tailor's Bunions
- Flatfoot
- Pump Bumps
- Arthritis (osteoarthritis)
- Ganglionic Cysts

Treatment Options

- Conservative (BEST TO EXHAUST)
 - Shoe Accommodations
 - Physical Therapy
 - NSAID's
 - Custom Molded Foot Orthotics
 - Injections!!!!
 - RICE
- Surgery

Shoe and You; The perfect matchmaker

- The Brannock Device
- Fit and Function
- Factors in Shoe Buying
- Weight, Age, Level of Activity and Foot Pathology
- Shoes Don't Break in!
- Diabetic Shoe Program (Extra Depth, Wide, with custom molded inserts)

TOP TEN FOOT HEALTH TIPS

1. Don't Ignore Foot Pain- it's not normal
2. Inspect your feet regularly
3. Wash your Feet regularly
4. Trim your nails straight across
5. Make Sure your shoes fit properly
6. Wear the correct shoe for your activity
7. Alternate Shoe gear (RN's on your feet all day)
8. Avoid walking barefoot (Injury Prone)
9. Be cautious of the late night TV treatments
10. If you have Diabetes, SEE ME!

ON THE LIGHTER SIDE

Theater Seats for Seniors

An old man lay sprawled across three entire seats in the movie theater. When the usher came by and noticed this, he whispered to the old man...

"Sorry sir, but you're only allowed ONE seat!" The old man didn't budge. The usher became more impatient..."Sir, if you don't get up from there I'm going to have to call the manager."

Once again, the old man just muttered and did nothing!

The usher marched briskly back up the aisle, and in a moment he returned with the manager. Together the two of them tried repeatedly to move the old disheveled man, but with no success!

Finally they summoned the police. The officer surveyed the situation briefly then asked..... "All right buddy what's your name?" "Fred," the old man moaned. "Where ya' from, Fred?" asked the police officer.

With a terrible grunt in his voice, and without moving.....Fred replied..... "The balcony!"

Obituaries

JOHN M. O'BRIEN

John M. O'Brien, 81, a resident of Skippack, PA for 46 years, passed away at his residence on November 13, 2015. He and his wife, Kathleen (Faber) O'Brien, observed their 56th wedding anniversary on January 31st of this year. Born December 16, 1933 in Middle Village, NY, he was the son of the late Michael J. and Mary (Moran) O'Brien.

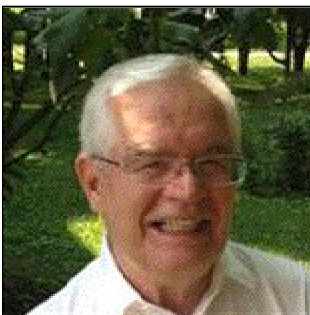


He was a 1952 graduate of Newtown High School and attended Pace College. Mr. O'Brien worked for 30 years at *Unisys* and its predecessor companies in a variety of positions in production facilities in New York, Bristol, VA and headquarters. He was active with the Unisys Retirees Group. Mr. O'Brien was a member of Corpus Christi Catholic Church, its school association and volunteered at Bingo. He played baseball in Middle Village, was a life-long Cubs fan, enjoyed golf and crossword puzzles. Most of all he enjoyed spending time with his children, grandchildren and capturing their time together in pictures. In addition to his wife, he is survived by four children, Kathleen A. Murphy and her husband, John, of Wenonah, NJ, Michael J. O'Brien and his wife, Cindy, of Colts Neck, NJ, Jean T. O'Brien-Visser of West Chester, PA and Caryn O'Brien-Coble of Zieglerville, PA; and a sister, Patricia O'Brien of Freehold, NJ. He is also survived by seven grandchildren, Christopher O'Brien-Visser, Colleen Visser, Carly O'Brien, Megan O'Brien, Molly O'Brien, Autumn Murphy and Deseria Murphy.

John was a member of the Unisys Blue Bell Retirees Group.

RALPH L. CARNIELLO

Ralph L. Carniello, age 81 of Crown Point, IN passed away peacefully September 6, 2015. He graduated from Lew Wallace High School, Class of 1952 and served for the U.S. Navy during the Korean War. Ralph attended DeVry University where he studied electronics and retired from the *Unisys Company* after 32 years of service. Ralph was in the UNIVAC/UNISYS Central Operations Field Service organization (Customer Engineering).



He was a member of St. Mary Catholic Church in Crown Point. Ralph was a loving husband, father, and grandfather. He will be greatly missed. He is survived by his loving wife- Diana;

children- Michael (Susan), John (Cheryl), and Christopher Carniello, Tina Genualdi, Dawn (Tom) Caldart, Paige Donaldson, JoLynn Donaldson; 13 grandchildren, many extended family and special friends.

Ralph was preceded in death by his wife- Theresa Carniello (nee Mancilla) and his sister- June Davis.

Ralph was a member of the Unisys Blue Bell Retirees Group.

JACQUELINE A. MUZINA

Jacqueline A. Muzina, 75, of Lower Gwynedd, PA passed away on Tuesday September 8, 2015. She was born in Herkimer, NY on March 1, 1940. Jackie was a resident of the Gwynedd Hunt Community in Lower Gwynedd for 27 years, formerly of Herkimer, NY. She was a member of Saint Rose of Lima RC Church of North Wales, Pa. She was employed by *Unisys* for 41 years as a Form Designer. She was very active in Gwynedd Hunt, serving for 18 years on the Board of Directors, 5 years as President, and 9 years as Vice President which she served as until passing away. Jackie enjoyed fly fishing and loved to volunteer in her community, especially with the Wissahickon Valley Watershed Association.

She was the daughter of the late - Steven & Ann (Stepien) Ciesla, and beloved wife of the late - Joseph Muzina. Survivors include: her brother: Samuel Ciesla Logan UT, sister: Lisa (& Tim) Stamm Reno, NV, sister: Dawn (& Tom) Record Webster NY, and a niece: Megan Record Webster, NY.

Also survived by her late husband's children as well as his grandchildren. Along with her husband she was preceded in death by a niece Abbie Record.

Jacqueline was a member of the Unisys Blue Bell Retirees Group.

WAYNE VAN THOF

Wayne Van Thof died September 22, 2015, at age 64 unexpectedly in St. Louis, MO. Wayne was predeceased by parents, Robert Van Thof and Mertice E. Wallace and his brother, Blake Van Thof.

Wayne was born in Rochester and spent most of his life here. He graduated from Rochester Institute of Technology and obtained his Masters in Finance from the University of Pittsburgh. Wayne spent his early business career at Xerox, *Unisys* and CSC as a financial officer before becoming a financial advisor at RBC DA in Rauscher and Wells Fargo Advisors, where he co-founded the local Wells Fargo Advisors Office. Wayne's kindness, generosity and enthusiasm touched many people's lives.

Wayne was not a member of the Unisys Blue Bell Retirees Group.

(continued on page 10)

Obituaries

JOSEPH W. NUSCHKE

Joseph W. Nuschke passed away on November 10, 2015 at his home of 62 years in Ilion, NY at the age of 87. He was born April 27, 1928 in Coudersport, PA, son of Walter Louis Nuschke and Marie Katherine Brisbois Nuschke.

Joseph is survived by his sister-in-law Thelma Nuschke of Fayetteville, PA and four nieces and nephews; Robbyn Ramp Tolles of Reno, NV, Steven R. Ramp of Carmel Valley, CA, Paula Nuschke Alford of Reston, VA, and David Nuschke of Enola, PA. He was preceded in death by his brother, Paul L. Nuschke of Fayetteville, PA, and sister, Nancy Marie Nuschke Ramp of Newville, PA.

Joseph spent his early years in the area of Austin and Carlisle, PA, graduating from Carlisle High School in 1946. He joined the U. S. Navy in 1946 and served until 1949 when he entered Temple University in Philadelphia, PA. He graduated in 1953 and moved to his current residence in Ilion, NY in order to go to work for *Remington Rand, Univac and later the Sperry Corporation*. He was a worldwide traveling trouble-shooter for their Customer Engineering Department-primarily for computers and devices manufactured in Ilion and Utica in the Mohawk Valley.

After thirty years Joe retired in 1983 to follow his favorite pursuits, studying early American History and spending time in the great outdoors. Joe was a true naturalist, and no animal or plant was too small to escape his notice. He hiked the same trails hundreds of times and fostered a love of nature in all his nieces and nephews. Joseph spent many years in the Village of Ilion New York where he served for many years as Treasurer of the First Presbyterian Church and where he lent a helping hand to many of his neighbors. Joseph was truly his own person, a self-made man who was loved deeply for his quirky sense of humor and fun-loving personality. He was a 50-year member of the St. John's Lodge No. 260, Free and Accepted Masons of Carlisle, PA. Throughout his life Joe maintained a special connection with the mountains and people of the area surrounding Austin, PA. He maintained the family home, originally the Brisbois Tea House on Costello Avenue and he carried on the legacy of his mother who was an author and historian by actively supporting the Austin Dam Memorial Association and the E O Austin Historical Society. Proceeds from his mother's books, published by his sister, Nancy Marie Ramp and himself, were used by Joe to support a history scholarship at the Austin Area High School.

Joe was a member of the Unisys Blue Bell Retirees Group.

Welcome New Members

<u>Name</u>	<u>Location</u>	<u>Retired from</u>	<u>When</u>
Martin Conway		Unisys	1994
John Falter	Tredyffrin	Unisys	1995

In Remembrance

RICHARD BERRYMAN - December 22, 2014

ROSEMARY BINGHAM (wife of Elmer) - September 22, 2015

VINCENT CIPRIANO - October 13, 2015

DAVID COURSEY - June 14, 2015

DAVID GRAHAM-CUMMING - July 12, 2015

MICHAEL GAMBONE - June 27, 2015

LINDA GRILLO - October 16, 2015

THOMAS A, HAHN - September 4, 2015

CARL LANGHEIM - July 15, 2015

JOHN A. MOYSEY - November 4, 2015

JACQUELINE A. MUZINA - September 8, 2015

MARY NIETO - June 14, 2015

JOSEPH W. NUSCHKE - November 10, 2015

JOHN M. O'BRIEN - November 13, 2015

SHIRLEY ORR - February 22, 2015

THOMAS PRESSLER - October 24, 2015

IRMY STEBBINS - March 11, 2015

WALTER UMINSKI - June 26, 2014

WAYNE VAN THOF - September 22, 2015

VIVIAN VICTOR - (wife of Bernard) October 10, 2015

OLD EXPRESSIONS

Back in the olden days we had a lot of moxie. We'd put on our best bib and tucker and straighten up and fly right. Hubba-hubba! We'd cut a rug in some juke joint and then go necking and petting and smooching and spooning and billing and cooing and pitching woo in hot rods and jalopies in some passion pit or lovers' lane. Heavens to Betsy! Gee whillikers! Jumpin Jehoshaphat! Holy moley! We were in like Flynn and living the life of Riley, and even a regular guy couldn't accuse us of being a knucklehead, a nincompoop or a pill. Not for all the tea in China!

Back in the olden days, life used to be swell, but when is the last time anything was swell? Swell has gone the way of beehives, pageboys and the D.A.; of spats, knickers, fedoras, poodle skirts, saddle shoes and pedal pushers. Oh, my aching back. Kilroy was here, but he isn't anymore. Where have all those phrases gone? Long time passing. Pshaw. The milkman did it. Think about the starving Armenians. Bigger than a bread box. Banned in Boston. The very idea!. It's your nickel. Don't forget to pull the chain. Knee high to a grasshopper. Turn-of-the-century. Iron curtain. Domino theory. Fail safe. Civil defense. Fiddlesticks! You look like the wreck of the Hesperus. Cooties. Going like sixty. I'll see you in the funny papers. Don't take any wooden nickels.

Pray....
and let GOD
Do the worry-
ing.

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All members are invited to contribute any information
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